Level 1

Doing



Guide me to make movements co-actively that produce sounds

Sensitively guide my hands or feet, or arms or legs to make sounds



Music for the Brain



- Help me to tap a small drum with my hands, or a larger one with my feet
- Help me to scratch a tambourine or a cymbal with my nails
- Help me to strum the strings of an autoharp, a ukulele or an electric guitar, or use an app on a tablet
- Help me to shake small bells attached to my wrists or ankles
- Help me to tip instruments like a rainmaker or ocean drum one way and then the other
- If the sounds we make are very quiet, you could enhance them using a microphone and an amplifier – remember to place the speaker near me